

Teachers' Efforts to Increase Students' Spiritual Intelligence Through Congregational Dhuhr Prayer Activities at SMP Karya Bhakti Medan

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<p>Abstract: The aims of this research are (1) To find out activities that increase students' spiritual intelligence, (2) To find out the efforts made by teachers to increase students' spiritual intelligence, and (3) To find out the contribution of congregational midday prayer activities to increasing students' spiritual intelligence. This research uses a qualitative approach. Data collection techniques in this research used observation, interview and documentation techniques. Meanwhile, data analysis uses the Miles and Huberman concept which includes data reduction, data presentation, and drawing conclusions. To check the validity of the data, use diligent/constant observation and triangulation. The results of this research can be concluded as follows: (1) Activities that increase students' spiritual intelligence such as midday prayers in congregation, dhuha prayers in congregation, tadarus Al-Qur'an and reading asmaul husna so that they can be useful anywhere and anytime. (2) Efforts made by teachers to improve students' spirituality through good planning in congregational midday prayers starting from preparation, implementation and results of student changes. The teacher felt an increase in the students' spiritual intelligence, seeing the increasing enthusiasm of the students in participating in this congregational midday prayer activity. (3) There is a congregational midday prayer activity at SMP Karya Bhakti Medan is able to increase students' spiritual intelligence with indicators: (a) Students are orderly and disciplined in congregational prayers (b) Increased self-awareness for worship (c) Improved good relations between teachers and students (d) A sense of responsibility arises answer to students.</p>	<p>Keywords: Education; Islam; Morals; Noble.</p>
<p>Abstrak: Tujuan dari penelitian ini adalah (1) Untuk mengetahui kegiatan yang meningkatkan kecerdasan spiritual siswa, (2) Untuk mengetahui upaya yang dilakukan guru untuk meningkatkan kecerdasan spiritual siswa, dan (3) Untuk mengetahui kontribusi kegiatan sholat dhuhr berjamaah untuk meningkatkan kecerdasan spiritual siswa. Penelitian ini menggunakan pendekatan kualitatif. Teknik pengumpulan data pada penelitian ini menggunakan teknik observasi, wawancara,</p>	<p>Kata Kunci: Intelligence; Spiritual; Student; Prayer.</p>

dan dokumentasi. Sedangkan analisis datanya menggunakan konsep Miles dan Huberman yang meliputi reduksi data, penyajian data, dan penarikan kesimpulan. Untuk pengecekan keabsahan datanya menggunakan Ketekunan/keajegan pengamatan dan triangulasi. Hasil penelitian ini dapat disimpulkan sebagai berikut: (1) Kegiatan yang meningkatkan kecerdasan spiritual siswa seperti shalat dhuhur berjamaah, shalat dhuha berjamaah, tadarus Al-Qur'an dan membaca asmaul husna sehingga bisa bermanfaat di manapun dan kapanpun. (2) Upaya yang dilakukan guru untuk meningkatkan spiritual siswa melalui perancangan yang baik dalam shalat dhuhur berjamaah mulai dari persiapan, pelaksanaan dan hasil perubahan siswa. Guru merasakan peningkatan dalam segi kecerdasan spiritual siswa, melihat dari meningkatnya antusias siswa dalam mengikuti kegiatan shalat dhuhur berjamaah ini. (3) Adanya kegiatan shalat dhuhur berjamaah di SMP Karya Bhakti mampu meningkatkan kecerdasan spiritual siswa dengan indikator: (a) Siswa tertib dan disiplin dalam hal shalat berjamaah (b) Kesadaran diri untuk beribadah meningkat (c) Meningkatkan hubungan baik antara guru dengan siswa (d) Timbulnya rasa tanggung jawab pada diri siswa.

A. Introduction

In the current reality, what has been going on so far is considered inadequate. Spiritual intelligence is an intelligence that is important to develop in children, especially in the lower classes. However, the reality that spiritual intelligence occurs in lower class students has not yet emerged because there is no encouragement or habituation at home or at school. The currently growing current of globalization also influences children's spiritual intelligence (Ningrum & Hidayat, 2023).

Therefore, it is important for a child to have spiritual intelligence, namely that he is able to understand what is good and bad for him, adhere to religious teachings, and have a sense of empathy towards other people. Children's spiritual intelligence can be increased through the role of schools and parents. Ariadillah et al.'s research findings show that a person can develop spiritual intelligence by making religious practices part of their daily routine. From this it is clear that developing spiritual intelligence in children is very important because it has a significant impact on their lives and will be used in daily activities (Ariadillah, 2021).

A person who has spiritual intelligence can choose what is best for himself or other people around him, he is able to be flexible, able to adapt well, able to face problems and take lessons from the problems he faces. When students have spiritual intelligence, of course they will not be carried away by the current of developments in which social values are increasingly lost and lack awareness of fellow human beings. A person who has spiritual intelligence is also able to realize the meaning of the inner life of the mind and spirit which is related to the world, he has consciousness as a strength in his life (Indrayani, 2021).

Therefore, with the teacher's example, it will also have a good impact on the students. Teachers like that can be used as role models or examples for their students. Because children have the urge to imitate all the actions and behavior of the teacher (Himaniar, 2017). Islamic education plays an important role in efforts to cultivate spiritual intelligence (Spiritual Quotient).

According to Syamsu Yusuf, there are several factors that can influence the development of a child's spiritual state, namely innate (internal) and environmental (external) factors. The school environment is the second environment for children after the family. Schools are formal institutions that have a systematic program in carrying out guidance, teaching and training for children so that they develop according to their potential. As stated by Hurlock, the influence of school on the development of a child's personality is very large, because school is a substitute for the family and teachers are substitutes for the parents (Yusuf, 2012).

Teachers are human figures whose presence and role in education is expected, as a resource who occupies a position and plays an important role in life. When everyone questions issues in the world of education, teacher figures must be involved in the discussion agenda, especially those concerning formal education issues in schools (Basri, 2017).

Etymologically, prayer means prayer. Terminologically, it is a set of words and actions carried out with certain conditions, starting with takbir and ending

with takbir. This definition of prayer includes all forms of prayer that begin with takbiratul ihram and end with greetings (Karman, 2004).

Prayer is facing the heart towards Allah as worship, with full devotion and sincerity in several words and actions that begin with takbir and end with greetings and according to the conditions determined by the syara' (Rifa'i, 2017). According to the language meaning, prayer is a prayer for goodness, while according to the meaning of syara' it is an activity consisting of several sayings and works that begin with takbir and end with greetings with certain conditions (Ma'ruf & Moh. Halimi, 2008). According to Imam Nawawi, the time for midday prayer is when the sun is leaning (to the west) and a person's shadow is the same as his height, and until the time of Ashar has arrived. The end of dhuhur time is when the shadow of an object becomes the same length as that object, and the time of asr enters.

Congregational prayer consists of two or more people, one of whom is the imam, and the others are the makmum. The law of congregational prayer is the sunnah of mukakad which has great rewards and it is highly recommended to carry it out. Regarding this, the Prophet said, "congregational prayer is more important than individual prayer, twenty-seven degrees" (HR. Bukhari and Muslim) (Sahlan, 2011).

The teachers at Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City also explained the regulations for the midday prayer program in congregation carried out by students, that it can provide a good suggestion to students, because the midday prayer contains one of the factors to train them in getting used to the obligatory prayer service, and invites them to prayers in congregation. Apart from that, it also trains everyone towards patience, honesty and preventing disobedience and so on. Therefore, the school requires its students to have a good congregational midday prayer program.

B. Method

This research uses a qualitative approach. Qualitative research is research whose findings are not obtained through statistical procedures or other forms of calculation, so the aim of this research is to describe the empirical reality behind the phenomena that occur in the field in a thorough manner (Lexy, 2014). Data collection techniques in this research used observation, interview and documentation techniques. Meanwhile, data analysis uses the Miles and Huberman concept which includes data reduction, data presentation, and drawing conclusions. To check the validity of the data, use persistent/constant observation and triangulation. The data analysis technique used in this research is qualitative data analysis, following the concept given by Miles and Huberman and Spradeley (Sugiyono, 2018).

C. Results and Discussion

Data analysis of activities that increase the spiritual intelligence of SMP Karya Bhakti Medan students in Medan

Every activity carried out within the school has a specific aim in developing students' spiritual intelligence. Educational personnel such as school principals and teachers must always provide new innovations in their development. They continue to make new breakthroughs in the world of education, as is done by Karya Bhakti Kel. Coral Waves, West Medan District, Medan City. The school principal and teachers created a Congregational Dhuhur Prayer activity program with the aim of developing students' spiritual intelligence.

Every formal and non-formal educational institution must have a goal so that its students can achieve success in learning so that they can achieve what they hope for, moreover they can get happiness in this world and the hereafter. Likewise with Karya Bhakti Ex. Karang Berombak, West Medan District, Medan City, which also hopes that its graduates will gain useful knowledge, have good morals, and also have good religious experience.

According to the National Education System CHAPTER 1 Article 1, education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential so that they have religious spiritual strength, self-control, personality, intelligence, noble character and the skills they need, society, nation and state.

The problem is that there are still many students who cannot recite the Koran because most of the students at Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City, is an elementary school (SD) graduate and because parents are separated, the school has made the Congregational Dhuhur Prayer obligatory for all students. From here, the person responsible for the congregational midday prayer activities was formed, namely Mr. Rohani as the PAI teacher and other teachers tasked with helping this activity run smoothly. Apart from congregational midday prayer activities, there are other activities that support students' spiritual intelligence, including:

1. There is a congregational Dhuha prayer which is held once a week on Friday.
2. Implementation of the Al-Qur'an tadarus which was carried out after the congregational Dhuha prayer led by Mr. Rohani.
3. Read Asmaul Husna to all Karya Bhakti students Kel. Karang Berombak, West Medan District, Medan City on the Friday before the lesson took place. This can be analyzed that with this congregational midday prayer activity, students are expected to have strong intelligence, especially in spiritual intelligence, as is the aim of holding this congregational midday prayer activity. Apart from congregational midday prayer activities, there are other activities that can increase students' spiritual intelligence such as congregational midday prayer, tadarus Al-Qur'an and reading Asmaul Husna so that they can be useful anywhere and anytime.

Data Analysis Efforts made by Teachers to increase the Spiritual Intelligence of Students at SMP Karya Bhakti Medan

Every activity carried out within the school has certain objectives in developing students' spiritual intelligence. Educational personnel such as school principals and teachers must always provide new innovations in their development. They continue to make new breakthroughs in the world of education, as is done by Karya Bhakti Kel. Coral Waves, West Medan District, Medan City. The school principal and teachers created a Congregational Dhuhur Prayer activity program with the aim of developing students' spiritual intelligence.

Teachers are human figures whose presence and role in education is expected, as a resource who occupies a position and plays an important role in life. When everyone questions issues in the world of education, teacher figures must be involved in the discussion agenda, especially those concerning formal education issues in schools (Basri, 2017).

Through the efforts of the school principal and teachers, this activity can continue until now. This Congregational Dhuhur Prayer activity has its own role in efforts to increase the spiritual intelligence of Karya Bhakti Kel students. Coral Waves, West Medan District, Medan City. This activity is the teacher's effort to encourage students to be more active in carrying out fardhu prayers. So that students become active in worship and do not miss the five daily obligatory prayers. As for the implementation of dhuhur prayer activities in congregation for class VIII at Karya Bhakti Kel. Coral Waves, West Medan District, Medan City.

1. Preparation for congregational midday prayer activities. After the lesson is finished, the teacher tells the students to immediately go to the prayer room. When all the students have arrived at the prayer room, the teacher orders the students to immediately perform ablution.
2. Carrying out congregational midday prayer activities. The steps for congregational midday prayer activities are as follows:

- a) One of the students utters the call to prayer. And other students answered the call to prayer.
- b) After the call to prayer is finished, students praise
- c) Once it is felt that the students and teachers are ready to perform the midday prayer together, one of the students says the iqamah and then continues to perform the midday prayer.
- d) After completing the prayer, students perform dhikr and prayer together.

3. Results of congregational midday prayer activities

This congregational midday prayer activity is carried out every day continuously and sustainably, namely after the learning has finished. During this period, teachers and students felt an increase in terms of students' spiritual intelligence, seeing from the increasing enthusiasm of students in participating in the congregational midday prayer activities. As a result of interviews and observations that researchers have conducted, there are two supporting factors, namely infrastructure and teachers. Infrastructure includes a prayer room, ablution place, mukena and others. Meanwhile, the teacher's supporting factors include teacher assistance when the congregational midday prayer activity takes place. The supporting factors from teachers include:

- a. Through the "path of duty". In this activity, the teacher explains the benefits of why children need to carry out the Dhuhur prayer activity in congregation. So that students are motivated to carry out midday prayers in congregation.
- b. Through the "nurturing path". At Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City, teachers become caregivers for students with empathy to increase students' spiritual intelligence.
- c. Through the "path of knowledge". PAI teachers teach students that the law on congregational prayer is sunnah sukakad. Sunnah

sukakad is a sunnah that is carried out to complete obligatory worship and is highly recommended.

- d. Through the "path of personal change" (creativity). Teachers stimulate students' spiritual intelligence through congregational midday prayer activities. So it is hoped that students will be able to pray in congregation at home.
- e. Through the "road of brotherhood". By holding midday prayer activities in congregation, students will interact with other students (from different classes), so that they will get to know each other and foster a sense of brotherhood between students.
- f. Through "the path of dedicated leadership". The teacher is the model of a leader who is observed by students. In this activity, the teachers took part in the congregational midday prayers so that they could be role models for students to actively perform the five daily prayers.

Supporting factors for the Congregational Dhuhur Prayer activity include teachers who always accompany them and the existence of infrastructure. As stated by Mrs. Mimik Suko Wahuni, the supporting factors are mainly from the teachers, apart from supervising the teachers, they also take part in carrying out the dhuhur prayers in congregation. In this way, students who were previously lazy become uncomfortable with teachers. Finally, the students became enthusiastic about carrying out midday prayers in congregation. And it is also supported by the availability of prayer rooms, ablution places, and mukenas to support the congregational performance of midday prayers.

Apart from that, the Congregational Dhuhur Prayer activity certainly also has factors that could hinder the progress of this activity. There are several factors that can hinder an activity process. There are three reasons that can make someone spiritually stunted:

- 1) Because the person concerned does not develop some parts of himself at all. The existence of students who hide when they want to perform

midday prayers in congregation indicates obstacles on the part of the students because they have not developed their spiritual intelligence.

- 2) Has developed several parts but not proportionally or in the wrong (destructive) way. Some students had participated in the Dhuhur prayer activity in congregation, but there were some students who were busy alone when this activity took place.
- 3) There is conflict or poor relationship between parts and parts.

This is in line with the results of researchers that according to Mrs. Mimik Suko Wahyuni as the Principal of the School, there are still students who hide when they want to perform Dhuhur prayers in congregation. And when the Dhuhur prayers took place, there were still students busy with themselves. For example, there are students who enjoy chatting and joking with their friends, and there are also students who hide during the congregational Dhuhur prayer activities. However, in the activities that have been carried out, there are certainly evaluations that have been carried out so that in the future existing deficiencies or gaps can be corrected.

Based on the explanation above, it can be concluded that the supporting and inhibiting factors for Congregational Dhuhur Prayer activities at Karya Bhakti Kel. Coral Waves, West Medan District, Medan City. Supporting factors for this activity include mentoring from teachers and participation in congregational Dhuhur prayer activities. Meanwhile, the inhibiting factors for Congregational Dhuhur Prayer activities come from students in the form of students who are busy chatting and joking with their friends so they do not immediately perform Congregational Dhuhur Prayers, and there are students who hide while the Congregational Dhuhur Prayer activity is in progress.

Data Analysis of the Contribution of Congregational Dhuhur Prayer Activities to Increase the Spiritual Intelligence of Students at SMP Karya Bhakti Medan

One of the functions of spiritual intelligence is to become more spiritually and religiously intelligent. Someone who has a high SQ practices a particular

religion without fanaticism, evil or prejudice. This is in line with what Mrs. Minik Suko Wahyuni expressed that awareness has emerged among students to perform midday prayers in congregation. So it is hoped that when students are at home they can also perform the five daily prayers in an orderly manner. As time went by, the difference in the Dhuhur prayer activities in congregation was very noticeable. Initially, many students hid when they were going to perform midday prayers in congregation. As time went by, many students did not need to hide when they wanted to perform midday prayers in congregation.

In general, the success of the congregational midday prayer activity cannot be separated from the role of the school principal and teachers who play a full role in the congregational midday prayer activity. So that enthusiasm arose in the students to carry out this congregational Dhuhur prayer activity. This is where the teacher shows example, provides motivation, enthusiasm and so on. Spiritual intelligence is also a guide when we are faced with problems that are unexpected and unknown and outside the rules given, beyond past experiences and beyond what we can face. With SQ our inner voice will guide us to the right path.

The congregational midday prayer activities were carried out and participated in very well by the students. This midday prayer activity has a positive impact in increasing students' spiritual intelligence in particular, and has a positive impact in understanding religious values. So that there is an increase in students' awareness of worship, and students look more solemn when performing prayers and are more enthusiastic in understanding religious knowledge. This also cannot be separated from the role of school principals and teachers who always provide motivation, guidance and example regarding the importance of the obligation to perform the five daily prayers, especially in congregation. As Hurlock stated, the influence of school on a child's personality development is very large, because school is a substitute for the family and teachers are substitutes for the parents.

The students of Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City has different intelligence. There are those who are active in worship and there are those who are less active in worship. Because of these differences, the teachers of Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City wants to increase students' awareness of the five daily obligatory prayers so that in the future it is hoped that students will be active in worship, especially congregational midday prayers. With this Congregational Dhuhur Prayer activity, students are expected to get used to performing the fardhu prayers five times a day, especially the Dhuhur prayer in congregation at school and when at home. With the Congregational Dhuhur Prayer activity, students' awareness of carrying out the five daily fardhu prayers can grow within themselves. In congregational fardhu prayers there are many benefits, various great benefits, and various benefits. Therefore, congregational fardhu prayers are prescribed. Among the benefits and wisdom of congregational prayer are the following:

- 1) Instill a sense of mutual love. That way, students love each other, thereby minimizing conflicts that occur.
- 2) Ta'aruf (getting to know each other). Apart from prayer, humans connect with the Almighty Creator (hablum minallah), people who pray will have good relationships between teachers and other students (hablum minannass). So that a good relationship is created between teachers and students.
- 3) Get Muslims into the habit of always being united and not divided. This congregational midday prayer activity directly teaches students to be united in living their lives and teaches them that life in this world definitely requires other people.
- 4) Motivate people who do not participate in congregational prayers as well as direct and guide them while trying to remind each other to side with the truth and always be patient in carrying it out.

5) Having students who are enthusiastic about participating in congregational midday prayer activities can make students who are not yet enthusiastic become motivated to actively participate in this activity. So with the congregational midday prayer activities at Karya Bhakti Kel. Karang Berombak, West Medan District, Medan City is able to increase students' spiritual intelligence with the following indicators:

- a) Students are orderly and disciplined when it comes to congregational prayers
- b) Self-awareness for worship increases
- c) Improve good relations between teachers and students
- d) The emergence of a sense of responsibility in students

This is in line with Syamsu Yusuf's opinion in his book *Psychology of Child & Adolescent Development* that prayer teaches a person to be disciplined and obey various rules and ethics in worldly life. This can be seen from the determination of prayer times which every Muslim must maintain and the rules contained therein. In this way, people who perform prayer will understand the rules, values of courtesy, peace and concentrate their thoughts on useful things, because prayer is full of understanding of the verses of the Qur'an which contain these values (Yusuf, 2012).

D. Conclusion

The conclusion of the teacher's efforts to increase students' spiritual intelligence through congregational Dhuhr prayer activities is as follows: Learning Religious Values, Teachers play an important role in teaching religious values to students through the practice of congregational Dhuhr prayer. It helps students understand and internalize spiritual principles in Islam. Formation of Discipline, Through congregational Dhuhr prayer activities, teachers help form students' discipline in carrying out worship regularly and on time. It teaches students about responsibility and commitment to religious obligations. Strengthening Relationships with Allah, congregational Dhuhr

prayers allow students to experience togetherness in worship, strengthen their relationship with God, and deepen their spiritual experience. Forming Congregational Life, Teacher gives an example of how congregational activities can strengthen solidarity and mutual support between individuals in the community. This strengthens the values of unity and togetherness among students. Development of Self-Awareness Through reflection and contemplation during Dhuhr prayers, students can develop their self-awareness, increase their understanding of themselves, and deepen their spiritual experience.

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